

13th Annual
Titan Wheel Firecracker Classic

LONG COURSE

DATE: July 6, 7, and 8, 2007

SANCTION: Sanctioned by United States Swimming, Inc.
and Illinois Swimming, Inc. Sanction #ILL07-0705.

MEET DIRECTOR

Mary Christensen
3822 Dulaney Place
Quincy, IL 62305
(217) 223-3767
marychr@adams.net

MEET REFEREE

Bob Allison
1214 N. 11th Street
Springfield, IL 62702
(217)522-4190 or cell
(708)822-1817

ENTRY CHAIRPERSON

Steve Roth
3915 South 24th Street
Quincy, IL 62301
(217) 224-1051
STEGROTH@aol.com

LOCATION: Sheridan Swim Club
3915 South 24th Street
Quincy, IL 62301
(217) 224-1051

POOL: Ten (10) lanes, fifty (50) meters, starting blocks at both ends of the pool (pool depth ranges from 4' - 6'), non-turbulent lane markers and Colorado Automatic Timing System 5. Separate six (6) lanes, twenty-five (25) meter x 25 yard T-shaped outdoor pool available for family and friends to use during the course of the meet for a small fee in addition to a separate six-lane 25-yard indoor pool available at all times during the meet for competitors only for warm-up and cool downs.

MEET SCHEDULE:

Friday afternoon, July 6th: Warm-ups: 1:00 pm
Meet starts: 2:00 pm

Saturday/Sunday mornings, July 7th and 8th: Warm-ups: 7:00 am
Meet starts: 8:00 am

Saturday and Sunday afternoons, July 7th and 8th: Warm-ups begin one half hour after the morning session but no later than noon; First event of the afternoon will start one hour after the start of warm-ups.

CHECK-IN: ***All swimmers in limited number events, must check in** with the Clerk of the Course 45 MINUTES prior to the start of each session. All unaccompanied swimmers must report to the meet referee prior to warming up for the first session in which they are swimming. The meet referee or his/her designee shall instruct the swimmer in the safety rules and assign them to warm-up lanes.*

ELIGIBILITY: Open to all currently registered USA swimmers. "Applied for" will not be accepted. Swimmer's age on Friday, July 6th, 2007 determines age for the meet.

Illinois swimming applications may be obtained from:
Illinois Swimming, Inc.
3166 S. River Road Suite 30
Des Plaines, IL 60018
(847)824-1596

Or on the web at: www.ilswim.org.

ENTRIES: Swimmers may swim in four (4) events plus relays each day.

PLEASE ENTER ALL TIME IN LONG COURSE METERS

Meet will be limited to 375 swimmers per session with entries on a first come, first served basis. No team entry will be split.

Entries submitted on Hy-Tek disk are preferred and should also include a hard copy of your Team Manager entry report.

If you overnight your entries, please do not require a signature for receipt. This simply delays matters and requires the entry person to go to the Post Office and sign for documents.

ENTRY DATE & DEADLINE: Entries will not be accepted before June 4th, 2007 and must be completed by Wednesday, June 27th, 2007.

FEES: \$3.00 per individual event
\$7.00 per relay
\$2.00 per swimmer I.S.I. surcharge
Make all checks payable to **Sheridan Swim Team**

NOTE: **All Events will be preseeded - Clerk no longer required except for limited events.**

Limited Events: 400 Free
400 I.M.
200 I.M.
1500 Free

The 1500 will be swum fastest to slowest alternating women's and men's heats with 13 & 14 and Seniors combined for swimming but scored separately.

Swimmers who competed in last year's Senior National Championships will swim free (no entry fees).

Volunteer officials would be greatly appreciated.

AWARDS

Trophies will be awarded to the top 3 teams in the meet. Custom event awards will be given to all age divisions.

Adaptive Swimming Clause

The authority of the meet referee to incorporate swimmers with disabilities into the meet, according to USA Swimmers Rules and Regulations.

FRIDAY July 6th, 2007

Warm-ups: 1:00 p.m.

Meet starts: 2:00 p.m.

Girls			Boys
Event'#	Age Group	Event	Event #
1	Senior	200 Individual Medley (Top 90)	2
3	13 - 14	200 Individual Medley	4
5	11 - 12	200 Individual Medley	6
7	10 & Under	200 Individual Medley	8
9	Senior	50 Free	10
11	13 - 14	50 Free	12
13	11 - 12	50 Free	14
15	10 & Under	50 Free	16
17	Senior	400 Free (Top 30)	18
19	13 - 14	400 Free (Top 30)	20
21	Senior	400 Medley Relay	22
23	13 - 14	400 Medley Relay	24

SATURDAY A.M. JULY 7th, 2007

Warm-ups: 7:00 a.m.

Meet starts: 8:00 a.m.

Girls			Boys
Event #	Age Group	Event	Event #
25	10 & Under	200 Free	26
27	11 - 12	200 Free	28
29	10 & Under	50 Back	30
31	11 - 12	50 Back	32
33	10 & Under	100 Breast	34
35	11 - 12	100 Breast	36
37	10 & Under	100 Fly	38
39	11 - 12	100 Fly	40
41	10 & Under	200 Free Relay	42
43	11 - 12	400 Free Relay	44

SATURDAY P.M. JULY 7th, 2007

Warm-ups: One half hour following the morning session. No later than noon.

Meet starts: One (1) hour after start of warm-up session.

Girls			Boys
Event #	Age Group	Event	Event #
45	13 - 14	400 I.M. (Top 30)	46
47	Senior	400 I.M. (Top 30)	48
49	13 - 14	100 Free	50
51	Senior	100 Free	52
53	13 - 14	200 Breast	54
55	Senior	200 Breast	56
57	13 - 14	100 Back	58
59	Senior	100 Back	60
61	13 - 14	200 Fly	62
63	Senior	200 Fly	64
65	13 - 14	400 Free Relay	66
67	Senior	400 Free Relay	68

SUNDAY A.M. JULY 8th, 2007

Warm-ups: 7:00 a.m.

Meet starts: 8:00 a.m.

Girls			Boys
Event #	Age Group	Event	Event #
69	11 – 12	100 Free	70
71	10 & Under	100 Free	72
73	11 – 12	50 Fly	74
75	10 & Under	50 Fly	76
77	11 – 12	100 Back	78
79	10 & Under	100 Back	80
81	11 – 12	50 Breast	82
83	10 & Under	50 Breast	84
85	11 – 12	400 Free (Top 30)	86
87	10 & Under	200 Medley Relay	88
89	11 – 12	400 Medley Relay	90

SUNDAY P.M. JULY 8TH, 2007

Warm-ups: One half hour following the morning session. No later than noon.

Meet starts: One (1) hour after start of warm-up session.

Girls			Boys
Event #	Age Group	Event	Event #
91	Open	800 Free Relay	92
		10 Minute Break	
93	13 – 14	200 Free	94
95	Senior	200 Free	96
97	13 – 14	100 Fly	98
99	Senior	100 Fly	100
101	13 – 14	100 Breast	102
103	Senior	100 Breast	104
105	13 – 14	200 Back	106
107	Senior	200 Back	108
109	13 – 14	1500 Free (Top 30 combined)	110
111	Senior	1500 Free (Top 30 combined)	112

109 & 111 - 3 heats total; swim together, scored separately

110 & 112 - 3 heats total; swim together, scored separately

TITAN FIRECRACKER CLASSIC

July 6th, 7th, 8th, 2007

USA SANCTION NUMBER ILL

COMPLETE THIS AND MAIL IT WITH ENTRY FORMS AND YOUR CHECK PAYABLE TO:

Sheridan Swim Team
c/o Steve Roth
3915 South 24th Street
Quincy, IL 62301

E-mail: STEGROTH@aol.com

Summary of Fees

Girls : Boys

10 & Under	No. of entries:	_____ : _____	@ \$3.00 each = \$ _____
11 – 12	No. of entries:	_____ : _____	@ \$3.00 each = \$ _____
13 – 14	No. of entries:	_____ : _____	@ \$3.00 each = \$ _____
Senior	No. of entries:	_____ : _____	@ \$3.00 each = \$ _____
Relays	No. of entries:	_____ : _____	@ \$7.00 each = \$ _____
ISI Surcharge	No. of swimmers:	_____ : _____	@ \$2.00 each = \$ _____

Name of Club: _____

Club Initial Code For Heat Sheet _____

USA Affiliation: _____ (LSC)

Complete Mailing Address: _____

Phone: _____

Names of coaches attending: _____

Club member to contact regarding entry: _____

Phone: _____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damage which may occur against the United States Swimming, Inc., Sheridan Swim Club, and Sheridan Swim Club Board, their representatives, employees, directors, officers, successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes entered in this meet are duly and currently registered with USA swimming.

Signature (Coach, Club representative or parent):

_____ dated: _____, 2007

This signed release and a check for all fees must accompany entry or entry will not be accepted.

ENTRIES MUST BE RECEIVED NO LATER THAN Wednesday, June 27, 2007

_____ Our team would agree to early warm-up (Please check if yes)

A. WARM-UP PROCEDURES

1. General Warm-up (first 30-45 minutes)

- a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
- b. No sprinting or pace work allowed during this general warm-up session.
- c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.

2. Specific Warm-up (last 30-45 minutes)

- a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
- b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
- c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
- d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	1&6	2&5	3,4
8 LANE	1&8	2&7	3,4,5,6
10 LANE	1&10	2&9	3,4,5,6,7,8

B. SAFETY GUIDELINES

1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

- a. Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - 2) Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on the pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

HOTELS

For a list of Quincy hotels contact the Quincy Convention & Visitors Bureau at www.quincy-cvb.org.

For a list of Hannibal hotels contact the Hannibal Convention & Visitors Bureau at www.visithannibal.com.